



Lunch Program

Meals are served at 12noon. Cost of lunch is \$4.00 .

Meal price for non-members of the center is \$6.00.

No carry outs for non-members please. Multiple carry out price for members will be \$6/meal.

Remember..... deadline to sign up for lunch is 4pm on the day before.

Meal Tickets

are available in the Senior Center office as an alternative to paying the \$4 meal charge each day. A Meal ticket for 6 lunches may be purchased at the price of \$23 (\$1 savings) or 12 meals for \$46 (\$2 savings). These may be purchased by cash, check or VISA, MasterCard.

July 2010 (sign-up beginning Tues. June 29)

Mon	Tue	Wed	Thu	Fri
			1 open face meatloaf sand. w/mashed po- tatoes, salad, brownie	2
5	6 BBQ pork chops, mashed potatoes, malibu blend veg., fresh melon	7 baked chicken, wild rice, broc- coli, jello w/ pears	8 sloppy joe, celery & carrot sticks, scal- loped corn, ice cream & pb cookie	9 Happiness Club roast beef, mashed pota- toes, gravy, calif. veg., applesauce, roll
12	13 turkey/bacon club, chips, relishes, choc. pudding	14 Johnny marzetti, garlic bread, salad, spumoni	15 chicken drum- sticks, potato salad, baked beans, water- melon	16
19	20 fish, mac & cheese, broccoli, brownie	21 city chicken, couscous, snow pea pods, lemon dessert	22 chef salad w/ meat & cheese, fresh fruit	23 firefighter luncheon
26	27 hamburger, broccoli & rice casserole, ice cream drumstick	28 cabbage rolls, green beans, mashed pota- toes, peach cobbler	29 chicken salad on lettuce bed, muffin, fruit wedge, jello	30 Prayer Lunch cold cut sand- wich, carrots, pasta salad, an- gel food cake w/ strawberry top.

August menu will be posted at the Senior Center by mid July.

Sign-ups for August lunches begin July 26.